

Hamilton Football/ Netball Club



Players Handbook 2008



Hamilton Football/ Netball Club (Inc.)

ABN 54 385 616 050 Red No. A0012320A

Affiliated with the Western Border Football League

Premiers 1930, 32, 33, 34, 35, 46, 47, 50, 51,
57, 58, 59, 68, 70, 81, 04

Chairman : Barry Pollock
Mobile 0428 528 037

Administration : Carol Russell
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Alexandra House
(03) 5571 1736

Club Postal Address:
P.O. Box 131, HAMILTON 3300

Club Personnel, 2008

Chairman:	Barry Pollock	0428 528 037
Vice Chairpersons:	Simon Cullinane	0439 655 926
	Greg Stevens	0407 504 942
Administration Dir:	Carol Russell	5570 8236 (H)
Finance Director:	Peter Phyland	0408 487 054
Social Events Dir:	Natalie O'Dea	0408 052 199
Match Day Director:	Carol Russell	0438 721 368
Home Game Day Dir:	Gary Porter	0408 712 090
Football Director:	Dale Templeton	5572 4800 (H)
Recruiting Director:	Simon Cullinane	0439 655 926
Sponsorship Director:	Mark Watts	0437 735 759
Alexandra House Dir:	Greg Stevens	0407 504 942
Past Players Director:	Gary Porter	0408 712 090
Netball Director:	Kim Harman-Myers	0417 788 610
Committee:	Glenn Hards	5572 5985 (H)
	Graeme Byrne	0429 136 293
	Rhonda Jervies	5571 9393 (H)
	Chris McDonald	5572 2546 (H)
	Ben Kelson	0408 719 449

Club Personnel, 2008

COACHES – FOOTBALL

Senior Coach:	Mark Watts	0437 735 759
Assis. Coach:	Simon Hatherell	0418 411 406
	Leigh Klug	0408 766 980
Reserves:	Jason Gibbins	0423 943 774
Under 18's:	Dusty Miller	0419 855 896

COACHES – NETBALL

A Grade:	Nicole Smyth	5572 2871
A Reserve:	Nat O'Dea	0408 052 199
	Jodi Keane	0409 406 388
B Grade:	Jody Ogle	5571 2132
C Grade:	Kristine Mibus	0448 816 437
17 & Under:	Amanda Huf	0407 531 291
15 & Under:	Fiona Upstill	0417 823 534
13 & Under:	Elaine Thomas	0417 576 446
12 & Under:	Kristine Mibus	0448 816 437

Football Training

No Players are permitted to wear their match day jumpers on training nights unless authorised to do so.

Training shall be on a Tuesday and Thursday night at Melville oval for home games and Mitchell Park for away games. Training commences at 6 p.m. SHARP. Players who require medical treatment should arrive in sufficient time to have this carried out prior to 6 p.m.

All players are expected to attend training sessions including if you are injured.

Players who don't attend **MUST** place an apology with the relevant coaching staff.

Players injured in a game or at training must report their injury to the head trainer. The injury **MUST** be reported in the injury-registered book immediately.

Injured players have a responsibility to rehabilitate quickly and may be directed by the coach or medical staff to alternate training eg. swimming, gym

No player shall leave the training track without advising a member of the coaching staff.

If a player doesn't notify the President or Senior Coach of non-attendance prior to training they will forfeit the previous weeks match payment.

Game Times (Vic. Times)

FOOTBALL

U/18's	10.30 a.m.
Reserves	12.30 p.m.
Seniors	2.30 p.m.

Game Times (Vic. Times)

NETBALL

12 & Under	11.00am
13 & Under	12.00pm
15 & Under	11.00am
17 & Under	12.00pm
C Grade	1.30pm
B Grade	3.00pm
A Reserve	1.30pm
A Grade	3.00pm

Social Functions

Social functions will be organised by the social club or committee for all members of the Club. These functions provide the necessary revenue to operate the Club and also to enhance team and club loyalty and camaraderie within the Club.

All players are expected to attend at least 75% of arranged functions.

Trainers and Medical

The Club will supply all basic medical equipment required by players. This includes tape for strapping, creams, oil, etc. If any players have special needs they will have to make arrangements with the head trainer.

Trainers will attend each training session and all matches.

Playing in Finals

Footballers will not be remunerated for playing in finals. It is a well known fact that final campaigns are a costly experience. The Club does not have the opportunity to raise significant funds to cover the final costs at this time.

Players compete to be part of a successful team with their ultimate aim to play finals football. The fact that the team is in the finals should be sufficient reward for the season's effort.

Game Rewards

Seniors and Reserves players are obligated to be present at the award presentation at the end of each game. ON home games presentations will be made around 6.30 p.m. at Alexandra House at around 7.30 p.m.

Players who have not made an apology to the Club President or Coach for their non-attendance shall forfeit their award.

Aims

To encourage players to participate with the HFNC and to promote our Club and the game within our region.

To encourage good behaviour and sportsmanship both on and off the field.

To ensure all players are treated fairly and graded on their ability and attitude.

To promote younger players within our senior ranks.

To reach finals in as many grades as possible and to enjoy the comradeship which the Club has to offer whether it be our netballers or footballers.

Sponsorship

As sponsorship is an important financial part of our Club it is of TOTAL importance that we as members of the HFNC support or give our sponsors the opportunity to quote. It's also highly important that when you do use our sponsors that you thank them for their sponsorship which shows that sponsoring our Club was beneficial for their business now and in the future. So i urge you all to please help, as this is an important financial aspect of OUR CLUB.

Mark Watts

Ace Radio Broadcasters P/L	Alexandra House
A & T Auto	2 Blues Timber & Plumbing
Beatties Newsagency	Bendigo Bank
Big Wool Bales	CUB
C & J Engineering	Cosa Bella Lingerie
Daktari	David Rowe Sign Design
Donehue's Leisure	Elders VP
The Eye Room	Farm Foods
Finchett Plumbing	Graincorp
Grampians Tyre Service	Grand Central Hotel
Grangeburn Holden Mitsubishi	Greg Annett Painting
Hamilton City Motors	Hamilton Farm Supplies
Hamilton Furnishing	Hamilton Garden Supplies
Hamilton Glassworks	Hamilton Insurance
Hamilton Real Estate	Hamilton Shower Screens
Hamilton Spectator	
Hamilton Spinal, Sports and Wellbeing	

Sponsorship

Hammonds Paints	Heatherleigh Leasing
Homes Pit Stop	Hunter Newns Group
Hunts Auto Spares	IGA Supermarket
Kalari	Kerr & Co
KFC Hamilton	Kings Bakery
Landmark	Mackcon Homes
Mary Kay	Meat on the Move Warrnambool
Melville Orton & Lewis	McDonalds Hamilton
McErvale Steel Construction	John McLachlan Cakes
McNaughtons Newsagency	NAB
O'Keeffe Pithouse Lawyers	Passlow Ford
Pims	PlastaMasta
Prescence	Quinns Sportspower
ResQtek	
R & R Rivett Hamilton and Camperdown	
B & K Rigby Building Contractors	Robinsons Sportscene
Robsons Pharmacy	Russell / Bailey
Scullions	Sinclair and Wilson
Southern Financial Group	
Southern Grampians Livestock & Real Estate	
Subway Hamilton	Sutton Tools
Taylor Motors	A. Taylor Taxation
Techwool Trading	Trevor Krause Fencing
Ultracut Tools	Walkers Earthworks
Wannon Security Services	WHK Mahoney Archer

Player Insurance

A principle benefit of the **COMPULSORY** VCFL PLAYER REGISTRATION FEE is inclusion in the VCFL 2008 insurance program.

VCFL player Registration fees for Season 2008 - **Seniors** \$50, **U/18** \$28.

Players are required to have paid this compulsory fee **PRIOR TO** taking the field and are advised that the Club **WILL NOT CONSIDER ANY CLAIM** lodged by a player that has failed to pay the compulsory fee.

The insurance coverage is as follows;

(1) Tragedy and Personal Accidents Benefits

Seniors \$150,000, Under 18 \$10,000

The Program provides benefits to a maximum of \$150,000 (in the case of death), and at proportionate percentage rates for other injuries or events.

The insurance coverage applies when;

- a) playing in Club representative games, competitions, or performances organised by the Club.
- b) participating in training or practices sessions or official functions.
- c) travelling directly to or from Club representative games, competitions, training or practice sessions or official functions.
- d) engaged in organised social or administrative activities of the Club.

Player Insurance

Some exclusions on the policy are;

- f) being under the influence of alcohol or a drug other than a drug administered or prescribed by and taken in accordance with instructions from a qualified medical practitioner.
- g) any criminal act committed or attempted (including criminal assault.)
- h) participating in or training for any professional sport (professional footballer means someone whose primary source of income is from playing football.)
- i) any sickness or pre-existing injury, including mental conditions.

(2) Non Medicare/Ancillary Benefits

75% rebate on Non Medicare expenses, (excess \$100), Claim limit \$2,500. This benefit is aimed at providing limited financial rebates on medical expenses not covered by Medicare.

These expenses include physiotherapy, chiropractic, dental, private hospital, ambulance (if not otherwise covered), podiatry, osteopath, naturopath, massage and orthotics prescribed by a surgeon to aid recovery.

WHAT IS NOT COVERED is any expense or cost that is claimable under Medicare which includes treatment costs from a Doctor, Surgeon, Anaesthetist or Surgeon's Assistant and also charges for X-Rays, MRI Scans and Public Hospitals.

The coverage applies as per items a) to e) above with exclusions as per items f) to i) above.

Players should note that upon resumption of training/playing the claimed is closed.

Insurance Claim Guidelines

Once an injury is sustained the following steps **must** be adopted,

- a) injury to be reported to head trainer and registered in Club injury register.
- b) Claim form to be completed by treating Physician or practitioner and returned to Club within 30 days of date of injury. The responsibility to obtain and lodge the claim form within the required period is the responsibility of the player. Inevitably late claims are lodged by players each year expecting to have unregistered claims processed despite their failure to comply with the claims from players that have not paid the compulsory fee or followed the correct claims procedures.
- c) Submit only original and paid accounts for consideration. Claim on your Private Health Insurer FIRST if you have Private Health Cover and send their statement of payment with your claim.
- d) Do not instruct any medical practitioner to forward medical invoices to the club as it is the responsibility of the player to make payment.
- e) After \$200 worth of treatment from an ancillary provider a referral from a legally qualified practitioner must be obtained.
- f) All treatment must be completed within 12 months of the date of injury.

The Club will not accept liability for any authorised accounts booked in the Club's name. **LOSS OF INCOME** Insurance cover is **NOT PROVIDED** for under the insurance program.

Club Recommendation on Insurance and Medical Cover

The Club strongly recommends that players take out their own Private Health Cover.

The Club will not be responsible for reimbursements or payment of any amounts in excess of those covered under the insurance program.

The Club strongly recommends that players have Ambulance cover.

The Club will not accept liability for ambulance costs as payment is a players responsibility. (Receipted payments may be considered under the Insurance program as appropriate.)

The Club strongly recommends that palyers have Loss of Income cover.

The Club is not liable for loss of income as a result of injury or suspension and will not consider reimbursement/ex-gratia payments as a result of injury or suspension.

Club Membership

Payment of Club Membership is **compulsory for all players.**

Membership fees for \$200

Full Membership \$75, Family Membership (two adults and children under 18 as at 1/1/08) \$130, Pensioner \$30, U/18 Footballer \$35, Life Member \$15.

Social Club membership to Alexandra House is INCLUSIVE of your KFNC membership.

Entry to Alexandra House

Alexandra House is a Licensed Club and to enter you must be a financial and registered member, otherwise be "signed in". Your full co-operation in this regard is required in order to comply with Liquor Licensing provisions.

Persons under 18 years of age may enter Alexandra House for the following purposes;

1. If he/she is going directly to the gymnasium or any first floor area as these areas are unlicensed.
- 2*. For Club oriented team meetings or discussions with coaches and Club presentation functions.
- 3*. For the duration of post match presentations and end of season presentation functions.
- 4*. If he/she is partaking of a meal
5. At all times in the social club area provided he/she is in the company of a parent or guardian.

In the circumstances referred to in points 2, 3 and 4 the under age person does not have to be in the company of a parent or guardian **provided** he/she **is a financial and registered Club member.**

Under age persons should leave the premises within a reasonable time period once the activities are completed **unless** in the company of a parent or guardian.

Social functions are distinct from those activities described in 2, 3 and 4 above.

Under age persons may attend social functions, or occasions where entertainment is provided, whether that entertainment is provided by the Club, social club or Alexandra House management provided he/she is in the company of a parent or guardian.

The local police construe this literally, in that it must be a legally appointed guardian not just a close friend.

All financial members are requested to carry their membership cards whilst on the premises because at any time Club officials, staff members or Police may seek to ascertain a persons bone fide's whilst on the premises.

Such requests are generally made to protect both the individuals and Clubs interests and we therefore seek your co-operation in this regard.

Club Property (Jumpers, Warm-up Tops)

All players are reminded the **Club jumpers remain property of the Club at all times.**

Players should return the jumper immediately following the cessation of the season, or sooner where appropriate.

Failure to return the jumper issued to the player will result in the player being invoiced \$70 to cover jumper replacement costs.

Consideration may also be given to withholding match payments until jumpers are returned.

Club policy is such that any future clearances will not be granted until the player either returns the jumper or pays the replacement fee.

The Club seek your co-operation with regards the return of jumpers and asks that you take appropriate care of the jumper whilst in your possession.

Training in the Club issued match jumper is **not permitted.**

HFNC Social Calendar 2008

Round 1	12/4/08	Casterton v Hamilton (A)
Round 2	19/4/08	Hamilton v Heywood (H) Alexandra House
Round 3	26/4/08	East Gambier v Hamilton (A)
Round 4	3/5/08	Hamilton v South Gambier (H) Players Auction Alexandra House
Round 5	11/5/08	Imperials v Hamilton (A) Mother's Day Meals Alexandra House Live band / extended license
Round 6	17/5/08	West Gambier v Hamilton (A)
Round 7	31/5/08	Hamilton v Portland (H) Past Players Reunion, AH.
Round 8	7/6/08	North Gambier v Hamilton (A)
Round 9	14/6/08	Hamilton v Millicent (H) Alexandra Meal Deal Bucks/Hens Night @ house
Round 10	21/6/08 29/6/08	Hamilton v Casterton (H) Race Day
Round 11	5/7/08	Heywood v Hamilton (A) Testimonial Brian McGinley
Round 12	12/7/08	Hamilton v East Gambier (H) Goods and Services Auction

HFNC Social Calendar 2008

Round 13	19/7/08	South Gambier v Hamilton (A)
Round 14	26/7/08	Hamilton v Imperials (H) Karaoke Alex. House Happy Hour and Promos
Round 15	2/8/08	Hamilton v West Gambier (H) No function / Sheepvention
Round 16	9/8/08	Portland v Hamilton (A)
Round 17	16/8/08	Hamilton v North Gambier (H) Spit Roast / Disco Melville Oval
Round 18	23/8/08	Millicent v Hamilton (A)
	20/9/08	Western Border Grand Final Day
	21/9/08	Family Day / Silly Sunday Alexandra House 11.00am
	11/10/08	Presentation Dinner PAC - 6.00pm

KFC



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TASTE™**

HAMILTON